



# NickCery International Safety Training Plc.

Box.18750 Douala-Cameroon  
E-mail : [africaoffice@nickcery.com](mailto:africaoffice@nickcery.com)

Tel: +237 23343 3779 / +237 243300 3709 / Fax +237 233429204  
Website : [www.nickcery.com](http://www.nickcery.com)

COURSE CODE

WAH 413

REVISION N°

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APPROPRIATE STANDARD

INTERNATIONAL OIL AND  
GAS STANDARD

Course Title	WORK AT HEIGHT SAFELY	Location
Content	<ol style="list-style-type: none"> <li>1. Relevant WAH legislations &amp; practice codes</li> <li>2. Competent persons, duty and responsibility</li> <li>3. Identify WAH hazards</li> <li>4. Risk Assessment &amp; preventive measures</li> <li>5. Permit to work</li> <li>6. Use and inspection for fall protection &amp; fall arrest systems and equipment</li> <li>7. Emergency arrangements awareness</li> <li>8. Harness inspection and fitting</li> <li>9. Vertical lifeline and horizontal lifeline</li> <li>10. Ascending and descending with retractable and fall Arrestors</li> </ol>	AT YOUR CONVINIENCE
Duration	02 days	
Number of Delegates	MIN: 5                      Max: 15	
Contact	Email: <a href="mailto:booking@nickcery.com">booking@nickcery.com</a> Tel: +237 664 686 877 / +237 664 686 874	



MAIN OFFICE  
PHONE : 832-767-5169  
FAX : 832-767-5169

[www.nickcery.com](http://www.nickcery.com)



AFRICA OPERATIONS, HEAD QUARTER  
PHONE : +237 233 332 062 / 233 332 056  
FAX : +237 233 332 063

AFRICA OPERATIONS, SALES & MARKETING OFFICE  
PHONE: +237 233 433 779  
FAX: +237 233 429 402