



# NickCery International Safety Training Plc.

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<b>COURSE CODE</b>
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<b>FFR 413</b>
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<b>REVISION N°</b>
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<b>APPROPRIATE STANDARD</b>
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<b>INTERNATIONAL OIL AND GAS STANDARD</b>
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Course Title	FUNDAMENTALS OF FALL ARREST	Location
<b>Content</b>	<ol style="list-style-type: none"> <li>1. Introduction</li> <li>2. Definition of fall protection</li> <li>3. Regulations and standards</li> <li>4. Personal fall arrest equipment</li> <li>5. The human body in falls</li> <li>6. Fall arrest systems</li> <li>7. Post fall rescue</li> </ol>	LIMBE (VICTORIA) / AT YOUR CONVINIENCE
<b>Duration</b>	02 days	
<b>Number of Delegates</b>	MIN: 5                      Max: 15	
<b>Contact</b>	Email: <a href="mailto:booking@nickcery.com">booking@nickcery.com</a> Tel: +237 664 686 877 / +237 664 686 874	



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