



NickCery International Safety Training Plc.

Box.18750 Douala-Cameroon
E-mail : africaoffice@nickcery.com

Tel: +237 23343 3779 / +237 243300 3709 / Fax +237 233429204
Website : www.nickcery.com

COURSE CODE

FAP 400

REVISION N°

00

APPROPRIATE STANDARD

INTERNATIONAL OIL AND GAS STANDARD

Course Title	FALL ARREST AND PROTECTION	Location
Content	<ol style="list-style-type: none"> 1. Legislation 2. Fall Protection Fundamentals 3. Selection 4. Fall Prevention 5. Fall Restraint Systems 6. Personal Fall Arrest Systems 7. Swing Falls 8. Harness Types 9. Do's and Don'ts 10. Lanyards and Energy Absorbers 11. Anchor pints 12. Temporary Anchor Points 13. Inspection and Maintenance 	LIMBE (VICTORIA) / AT YOUR CONVINIENCE
Duration	2 days	
Number of Delegates	MIN: 5 Max: 15	
Contact	Email: booking@nickcery.com Tel: +237 664 686 877 / +237 664 686 874	



MAIN OFFICE
PHONE : 832-767-5169
FAX : 832-767-5169

www.nickcery.com



AFRICA OPERATIONS, HEAD QUARTER
PHONE : +237 233 332 062 / 233 332 056
FAX : +237 233 332 063

AFRICA OPERATIONS, SALES & MARKETING OFFICE
PHONE : +237 233 433 779
FAX : +237 233 429 402