



# NickCery International Safety Training Plc.

Box.18750 Douala-Cameroon  
E-mail : [africaoffice@nickcery.com](mailto:africaoffice@nickcery.com)

Tel: +237 23343 3779 / +237 243300 3709 / Fax +237 233429204  
Website : [www.nickcery.com](http://www.nickcery.com)

<b>COURSE CODE</b>

<b>REVISION N°</b>	<b>00</b>
--------------------	-----------

<b>APPROPRIATE STANDARD</b>
<b>INTERNATIONAL OIL AND GAZ STANDARD</b>

Course Title	<b>Further Offshore Emergency Training (FOET)</b>	Location
<b>Content</b>	<p><b>Helicopter Safety and Escape</b></p> <ul style="list-style-type: none"> <li>- Donning an aviation life jacket</li> <li>- Donning a transit type survival suit and emergency breathing system</li> <li>- Operation and use of EBS</li> <li>- Actions in preparation for a helicopter ditching and emergency landing</li> <li>- Actions following a helicopter ditching and emergency landing</li> </ul> <p><b>Emergency First Aid</b></p> <ul style="list-style-type: none"> <li>- Raising the alarm</li> <li>- Immediate first aid actions including DRSABCD</li> </ul> <p><b>Firefighting and Self Rescue</b></p> <ul style="list-style-type: none"> <li>- Use of appropriate hand held portable fire extinguisher, small bore fire hose reel and fire blanket.</li> <li>- Appropriate self rescue techniques using a smokehood.</li> </ul>	<b>(VICTORIA) LIMBE OR AT YOUR CONVENIENCE</b>
<b>Duration</b>	3 days	
<b>Number of Delegates</b>	MIN: 06                      Max: 15	
<b>CONTACT</b>	Email: <a href="mailto:booking@nickcery.com">booking@nickcery.com</a> Tel: +237 664 686 877 / +237 664 686 874	



MAIN OFFICE  
PHONE : 832-767-5169  
FAX : 832-767-5169

[www.nickcery.com](http://www.nickcery.com)



AFRICA OPERATIONS, HEAD QUARTER  
PHONE : +237 233 332 062 / 233 332 056  
FAX : +237 233 332 063

AFRICA OPERATIONS, SALES & MARKETING OFFICE  
PHONE: +237 233 433 779  
FAX: +237 233 429 402